

# LAVA LAVA

## BEACH CLUB

### GLUTEN FREE MENU

#### SIZZLING SHRIMP

A Hot, Sizzling Skillet of Shrimp, Garlic, Butter and Herbs 21

#### SHAKE-EM FRIES

Full Pound 'O' Fries ~ Furikake, Parmesan & Volcano Spices to Shake & Share 11

#### "DA HALE" SALAD

Local Mixed Greens, Tomato, Cucumber, Sweet Onion, Kaffir Lime Vinaigrette 13  
Chicken +6, Tofu +6, Garlic Shrimp +10

#### SPINUGULA SALAD

Spinach, Arugula, Strawberries, Candied Macadamia Nuts, Gorgonzola, Red Onion, Balsamic Vinaigrette 16  
Chicken +6, Tofu +6, Garlic Shrimp +10

#### HAIL CAESAR\*

Local Romaine, Garlicky Caesar Dressing, Parmesan 14  
Chicken +6, Tofu +6, Garlic Shrimp +10

#### 3 GREENS AND A GRAIN

Kale, Spinach, Arugula, Quinoa, Avocado, Cherry Tomato, Red Onion, Lemon Vinaigrette 16  
Chicken +6, Tofu +6, Garlic Shrimp +10

#### CLUB MED PLATE

Hummus, Tapenade, Pepperoncini, Tomatoes, Cucumber, Feta, Local Greens & Tortilla Chips 17

#### KEONI'S ONOLICIOUS FISH TACOS\*

Red Pepper Seared Fresh Hawaiian Fish, Corn Tortillas, Coconut Cole Slaw, Cheddar-Jack Cheese, Salsa Verde, Mango-Pineapple Salsa 20

#### FOB SANDWICH\*

Fresh Off the Boat Fish, Asian Pickles, Arugula, Avocado, Wasabi Aioli, Gluten Free Bun 24

#### THAT'S A WRAP!

Garlic Grilled Chicken, Cabbage, Carrots, Green Onion, Cucumber, Mint, Cilantro, Spicy Yuzu Aioli 21  
To VEG OUT, Lose the Chicken and Sub Tofu

#### LLBC BURGER\*

Big Island Beef, Stuffed: Gorgonzola, Topped: Avocado, Local Tomato, Arugula, Chive Aioli, Gluten Free Bun 21  
Cheddar or Swiss +2, Bacon +2

#### STRAIGHT UP BURGER\*

Big Island Beef, Lettuce, Tomato, Red Onion, Gluten Free Bun 20  
Cheddar or Swiss +2, Bacon +2, Sub Plant Based Patty +0

#### PLANT BASED BURGER

Arugula, Tomato, Avocado, Grilled Onion, Sun Dried Tomato Pesto, Gluten Free Bun 20  
Cheddar or Swiss +2

*"Life is a wave & your attitude is a surfboard." ...KEOLA*

*"Memories made at the beach last a lifetime." ...KILIKINA*



Gluten Free



Vegan



Vegetarian

ALOHA  
Pass it on

THEALONAPROJECT.COM

FAMILY OWNED ★ OHANA OPERATED

\*CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.

VEGETARIAN, VEGAN AND GLUTEN FREE ITEMS ARE PREPARED IN A KITCHEN WITH SHARED WORK SPACE AND FRYERS. DESPITE BEST EFFORTS, CROSS CONTAMINATION BETWEEN GLUTEN AND MEAT IS POSSIBLE.

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