

CHOCOLATE STOPS STROKES!

Get maximum-protection with our Rx!

The sodium secret that SLOWS AGING!

"I started to lose weight without even trying!"

BETTER THAN GASTRIC BYPASS

TURN CRAFTS INTO CASH!

Texas A&M discovery: Summer fruits

PREVENT BREAST

LOSE 40 LBS quickl

M.D.'s breakthrough: Eat this to multiply "gastric bypass bacteria" already in your bo

Proven to double weight loss in wom

View Gifed that?

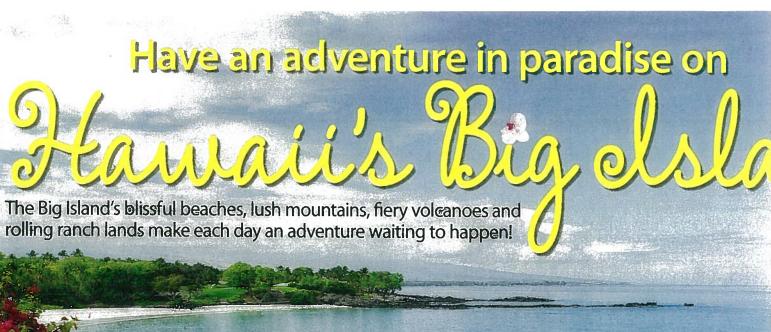








SUMMER MANICULE FUN!
Our cutest, cheeriest summer





ure, you can visit Hawaii to simply soak up the sun on tropical sands—but the Big Island abounds with so many temptations, you're bound to want to get up from your beach chair and explore! Twice as big as all the other major Hawaiian islands put together, it offers an astonishing range of scenery—everything from misty rainforests, towering mountains and volcanic lava fields on the Hilo side, to some of the most beautiful white-sand

the sunny Kohala Coast.
Whether you're recreationminded, leisure-loving or romanceseeking, there isn't any tropical fantasy

Exotic flowers light

up the rain

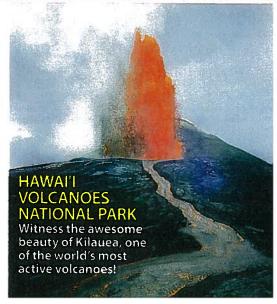
forest!

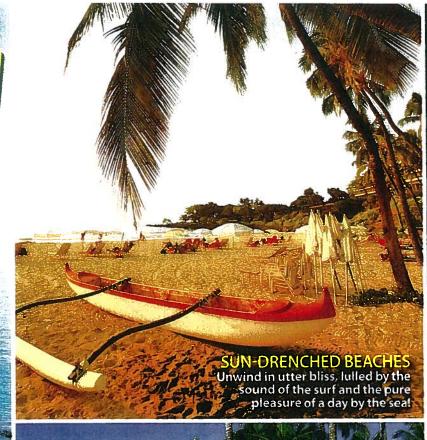
beaches in the world along

that can't be brought to life here!
Picture yourself galloping across grassy
ranch lands with Hawaiian paniolos (aka
cowboys), paddling a kayak in the calm, clear
waters of a sheltered cove, snorkeling

amidst rainbow-colored fish or riding a zipline through the forest canopy past waterfalls. As the day winds down, relax on a romantic sunset cruise, sip a tropical cocktail (complete with umbrella!) from a café with ocean views or get a thrilling taste of Polynesian culture and cuisine at a luau. And with summer temps

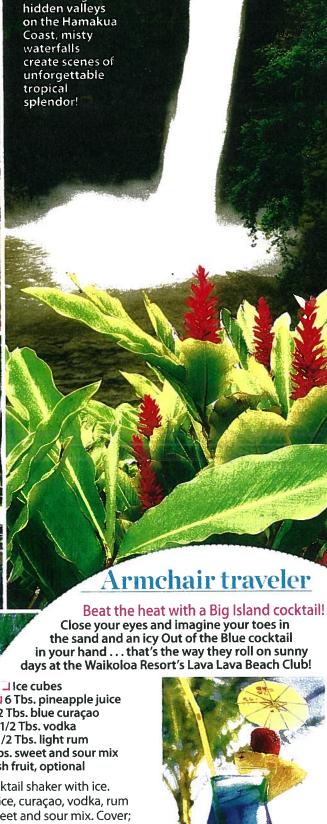
hovering in the 80s, little seasonal rain and hotel rates descended from winter highs, right now is an idyllic time to catch the aloha spirit!







beneath swaying palms and tee off on ocean-view fairways!





Close your eyes and imagine your toes in the sand and an icy Out of the Blue cocktail in your hand . . . that's the way they roll on sunny days at the Waikoloa Resort's Lava Lava Beach Club!

🗓 6 Tbs. pineapple juice 🛂 2 Tbs. blue curação 🛂 1 1/2 Tbs. vodka 1 1/2 Tbs. light rum 1 Tbs. sweet and sour mix Fresh fruit, optional

SCENIC CASCADES Tucked in enchanting

Fill cocktail shaker with ice. Add juice, curação, vodka, rum and sweet and sour mix. Cover; shake vigorously. Strain into tall glass. If desired, garnish with fruit. Serves 1.

Photos: Peter French/Corbis; Glow Images, Inc/ Getty Images; Douglas Peebles/Corbis (2); Topic Photo Agency/Corbis; Ann Cecil/Getty Images; David Muench/Corbis; Tomas del Amo/Corbis.